







# Spencer Public School



## Nutrition Menu Breakfast December 2021

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Breakfast Pizza Juice/Fresh Fruit	2 Pancake/Syrup Juice / Fresh Fruit	3 w/Long john Cheese Stix Juice/Fresh Fruit
6 Waffle/Syrup Juice/Fresh Fruit	7 Cereal Muffin Juice/Fresh Fruit	8 Breakfast Pizza Juice/Fresh Fruit	9 Elem Jumpstart Ms/High Breakfast Sandwich 	10 w/Cake Donut Cheese Stix Juice/Fresh Fruit
13 Cereal w/Mini Donut Juice/Fresh Fruit	14 French Toast/Syrup Choice of Juice	15 Breakfast Pizza Juice/Fresh Fruit	16  Breakfast Scrambler Biscuit Choice of Juice Fresh Fruit	17 W/Cinnamon Roll Yogurt Juice/Fresh Fruit
20 Cereal Donut Holes  Juice/Fresh Fruit	21 Q-Bread Juice/Fresh Fruit	22 Cook's Choice	23 No School	24  No School
27 No School	28 No School	29 No School	30 No School	31 No School

Menu is subject to change without notice, Fresh fruit is served daily, and Milk served daily 1%, Skim Fat Free, Reminder you are able to fill out the free and reduced application during the year. This institution is an equal opportunity provider. Spencer is EOE